



*youth*  
homes

**IMPACT REPORT**

**2019**

**small steps**

**Over the last year, Youth Homes had over 17,000 therapeutic interactions with clients. This means 17,000 chances to help underserved youth gradually unpack trauma and begin the journey toward healing. Each of these moments represent small steps that build and lead toward larger success. However, achieving larger success unfolds slowly over time—it takes patience, intensive services, trust, and most importantly, support from people like you, who care. Thank you for your commitment, loyalty, and trust. Together, we walk alongside these remarkable youth, so the steps they take are not alone.**

**together**

# CONNECT.

Connection to others is central to the human experience. We are nurtured by our relationships and benefit from the mutual support they afford us. Youth Homes partners with youth to grow support networks with the community and family members, because...

**When people build relationships,  
they are connected.**

# ADVOCATE.

The ability to speak up, say how you feel, and ask for what you want are privileged learned skills. We teach youth to lift their voices, recognize their worth, and learn to advocate for themselves, because...

**Self-advocacy supports the ability  
to navigate the world independently  
and with purpose.**

# EMPOWER.

Trauma causes emotional scars that take time and self-awareness to heal. We recognize the importance of validating wounds and support youth and families by providing access to high quality mental health services, because...

**Strong and healthy minds =  
empowered and healthy communities.**



## DEAR FRIENDS,

**Connect. Advocate. Empower. Expanding opportunities for youth, young adult, and family well-being.**

What do you think of Youth Homes' new mission statement?

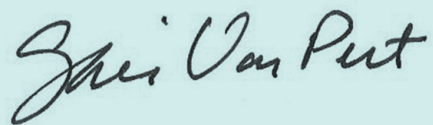
It was crafted to:

- Powerfully convey the scope of our programs.
- Reflect the collaborative, strength-based work we do with our clients.
- Emphasize, that in addition to serving foster youth, we also work directly with young adults and families.

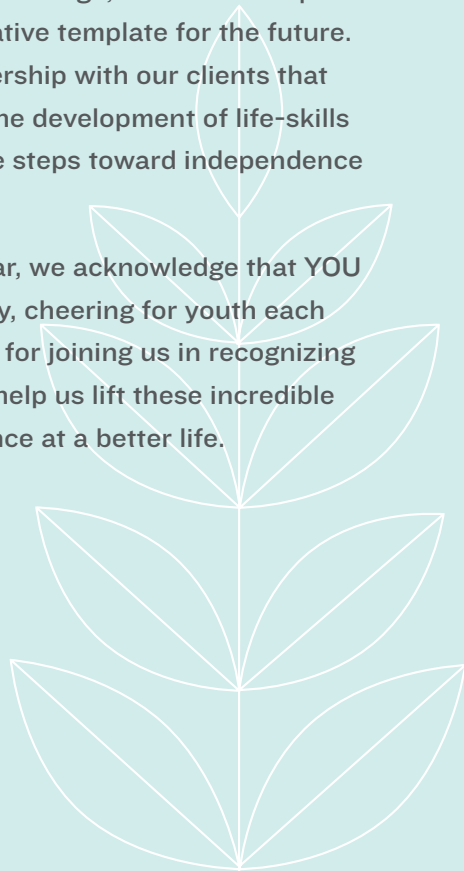
Our new mission statement emphasizes the belief that those impacted by trauma should not be defined by the bad things that have happened to them (abuse, neglect, homelessness, poverty) instead we focus on how these experiences have shaped their social, emotional, and physical well-being. In order to create a positive and sustainable change, we must disrupt the way that trauma creates a negative template for the future. With this in mind, we form a partnership with our clients that supports therapeutic healing and the development of life-skills so that they are empowered to take steps toward independence and self-sufficiency.

As we reflect on the 2019 fiscal year, we acknowledge that YOU are a critical partner on this journey, cheering for youth each small step of the way. THANK YOU for joining us in recognizing their resilience and strength. YOU help us lift these incredible young people and give them a chance at a better life.

In partnership,



SHAINA VAN PELT  
Interim CEO



**1,300**  
**children and youth**

**were referred**  
**by our County partners**  
**seeking Youth Homes services**

It takes as  
many as

**20**  
**people**

**to support one youth**



On a Child and Family Team, the service providers, youth, and their family come together to identify strengths and needs, determine goals, and monitor progress. Having all perspectives at the table is critical to empower youth and to support them on their journey towards independence.

**8,500**  
**safe nights of sleep**  
**for foster youth in our**  
**residential and resource**  
**family programs**



Raised at 2018 Hearts for Hope:  
**\$118,000**  
including a  
**\$50,000 match**  
from the Youth Homes Auxiliary  
to renovate Andersen House,  
which was a truly remarkable  
transformation

**Investing in our people =**  
**better outcomes for youth**

Youth Homes invested

**1,812** hours  
into staff training

The Dean and Margaret Leshner  
Foundation gave a \$75,000 grant  
over 3-years to support trauma-  
informed training for employees.



Five Bridges Foundation granted  
\$75,000 to help us cultivate an  
environment that acknowledges and  
understands the historical context of  
trauma and how it impacts our clients,  
staff and community.

# EXPANDING OPPORTUNITIES

# for youth, young adult, and family well-being.

## SMALL STEPS TO SUCCESS

Trauma inducing experiences impact a child's development, which then create emotional challenges and barriers that impact a youth's everyday life. With support from donors, along with the incredible Youth Homes staff, youth are empowered to make small sustainable changes that lead towards a successful future.

**Neela**, a foster youth in our residential program, had been hurt by most of the adults in her life. When one of our residential clinicians located a grandmother who was interested in fostering Neela, Neela felt skeptical and distrusted her grandmother's intentions. After six months of talking about and processing her feelings, Neela finally felt ready to pick up the phone and have a healthy conversation with her grandmother. This call led to another, and eventually, the two met in person and began to build a relationship.

**Michael**, a client of our Transition Age Youth programs, was terrified of large crowds, an invitation to attend a professional sporting event challenged him to step out of his comfort zone. Michael took BART to the city with his fellow Youth Homes friends, navigated the crowded stadium, and enjoyed the game unhindered by his anxieties and fears. Therapeutically, this was a huge leap for Michael and a memory that will last a lifetime.

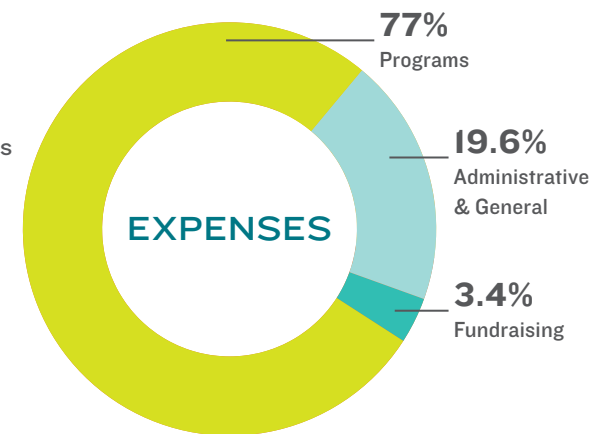
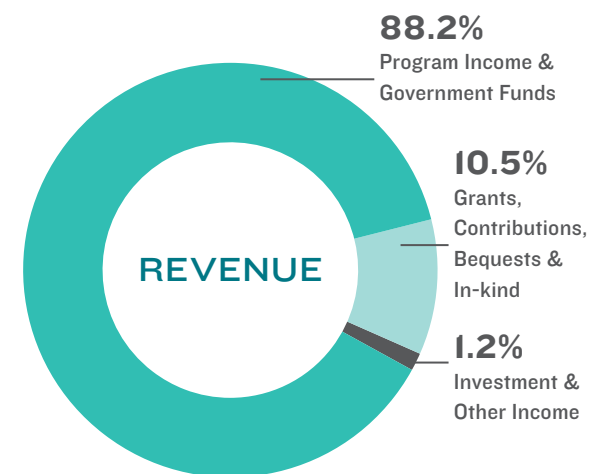
**Keira's** deep pain manifested as intense anger with yelling and aggression. When triggered, she would hit, throw furniture, and scream. Keira was given the opportunity to participate in our Summer Garden Program where she not only learned how to grow and harvest crops, but also developed the ability to use the garden as an emotional haven. Through therapy sessions, Keira learned to identify triggers and monitor herself when emotions ran high. When her feelings of anger flared, she developed the ability to change her response, and use the garden to decompress, pull weeds, and tend to the fruit and veggies.



## OUR FISCAL YEAR

The beginning of the fiscal year was challenging but ended on a positive note. We experienced a deficit in our residential programs because of the increased costs related to operating Short-Term Residential Therapeutic Programs which require more staffing. A complicated plumbing issue at Pryor Center also resulted in its temporary closure. With the plumbing issues now resolved, Pryor will reopen once it is sufficiently staffed.

Throughout the year, we were able to contain costs and ended the 2018-19 fiscal year with a loss that was much less than initially anticipated. We have also adopted a more robust budgeting and reporting system, enabling the organization to align costs and revenues down to the program level to provide more insight into operational effectiveness. Cash flow has improved, and we are exploring new sources of revenue and capital.



## FINANCIALS

	2019	2018
<b>REVENUE</b>		
Program Income and Government Funds	\$ 6,724,263	\$ 7,209,338
Grants and Contributions	\$ 748,990	\$ 789,682
Bequests and In-kind	\$ 53,437	\$ 15,002
Investment and Other Income	\$ 93,694	\$ 297,613
<b>Total Operating Revenue</b>	<b>\$ 7,620,384</b>	<b>\$ 8,311,635</b>
<b>EXPENSES</b>		
Programs	\$ 5,910,614	\$ 6,095,760
Administrative and General	\$ 1,500,274	\$ 1,341,305
Fundraising	\$ 262,936	\$ 296,698
<b>Total Operating Expenses</b>	<b>\$ 7,673,824</b>	<b>\$ 7,733,763</b>
<b>Net Surplus/(Deficit)</b>	<b>\$ (53,440)</b>	<b>\$ 577,872</b>

## WE APPRECIATE YOU!

With sincere gratitude, we recognize our fiscal year 2019 donors. Through gifts of time, treasure, and talent, youth are empowered to reach their potential. Thank you!

The list below recognizes the investment of our most generous financial supporters.

Visit [youthhomes.org](http://youthhomes.org) to view our full list of supporters who gave between July 1, 2018 to June 30, 2019.

**\$100,000+**  
Youth Homes Auxiliary

**\$50,000-\$99,999**  
Five Bridges Foundation  
Victor and Anne Parachini

**\$25,000-\$49,999**  
Coit Family Foundation  
Gemmer Foundation  
The Dean and Margaret Leshar Foundation

**\$10,000-\$24,999**  
Ann and Peter Appert  
Barbara Barron and Mark Hanna  
Danson Family Survivors Trust  
Tom and Libby Edwards  
Marin Community Foundation  
Quest Foundation  
Alice Robertson  
Rudney Associates

Full list may be viewed at [youthhomes.org](http://youthhomes.org)

## LIVING LEGENDS

Thank you to our Living Legends who have included Youth Homes in their will or estate plans. We are grateful for your foresight and commitment to improve the lives of youth, young adults, and families in our community.

Anonymous (5)  
Richard Bittner  
Kathy and Rick Bowles  
Elizabeth and Chris Chapple  
Lorraine R. Danson\*  
Peggy and Keith Fleming  
Edith Henchey  
Corinne (Connie) Marks  
Lorna Martyn\*  
Barbara and Stuart McCullough  
Leslie and Gary Miller  
Valerie Ridgers  
Wilfred and Phyllis\* Riggs  
Leigh and Ivy Robinson\*  
Joanne Taylor\*  
Catherine (Tat) Welcome

\*Deceased

